



Anti-Bullying Policy

"Together we make a difference."

Anti-Bullying Policy

At Park Junior School we aim to provide an inclusive environment for all pupils which openly discusses differences between people and celebrates diversity.

As a consequence, we aim to provide a safe, caring and friendly environment for learning for all our pupils to allow them to improve their chances and help them maximize their potential.

We expect pupils to act safely and feel safe in school, including that they understand the issues relating to all forms of bullying and that they feel confident to seek support from school should they feel they or others are unsafe.

We would also want parents/carers to feel confident that their children are safe and cared for in school and incidents when they do arise, are dealt with promptly and well.

The school is aware of its legal obligations including the Equalities Act 2010. We are aware of our role within the local community supporting parents/carers and working with other agencies outside the school where appropriate.

Policy Development

This policy was formulated in consultation with the whole school community with input from:

- Members of staff - (through regular agenda items at Curriculum Development meetings and consultation documents)
- Governors - (discussions at governors meeting, training)
- Parents/carers - (have been encouraged to contribute their views regarding the policy and have been invited to complete surveys to help the school improve how it addresses any issues of bullying)

- Children and young people - (pupils have contributed to the development of the policy through the School Council and circle time discussions. The School Council will develop a pupil friendly version which will be displayed in each class and will be sent home).
- Other partners – Anti-Bullying Alliance exemplars

This policy is available

- Online at www.parkjuniorwellingborough.co.uk
- In the school prospectus
- From the school office
- Child friendly versions will be on display in welcome packs for new pupils (once the school council has developed a pupil friendly version)

Roles and Responsibilities

- The Headteacher has overall responsibility for the policy and its implementation and liaising with the governors, parents/carers, LA and outside agencies.
- The Headteacher will manage bullying incidents and the reporting and recording of bullying incidents.
- The Head teacher will appoint an Anti-bullying leader who will have general responsibility for handling the implementation of this policy.

The anti-bullying leader is Mrs Jenny May. The responsibilities are:

- Policy development and review involving pupils, staff, governors, parents/carers and relevant local agencies.
- Implementing the policy and monitoring its effectiveness in practice.
- Co-ordinating strategies for preventing bullying behaviour.

Definition of Bullying

The Anti-Bullying Alliance (ABA) and its members have a shared definition of bullying based on research from across the world over the last 30 years and it is the definition which we have adopted.

ABA defines bullying as:

‘The repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. Bullying can be physical, verbal or psychological. It can happen face-to-face or through cyberspace.’

Behaviour often associated with bullying:

Baiting

Baiting can be used in bullying both on and offline. It can be used to bully someone to get ‘a rise’ out of them and it can be used to antagonize those who might be bullying others to get them to bully. Sometimes baiting is used secretly to try and get a person to explode in a rage or react negatively/loudly so that they get in to trouble.

Banter

The dictionary describes banter as: ‘the playful and friendly exchange of teasing remarks’.

Bullying is often justified as being just banter. It may start as banter, but some types of banter are bullying and need to be addressed as bullying.

Types of Banter

- Friendly Banter – There’s no intention to hurt and everyone knows its limits
- Ignorant Banter – Crosses the line with no intention to hurt, will often say sorry
- Malicious Banter – done to humiliate a person-often in public

Occasionally an incident may be deemed to be bullying even if the behaviour has not been repeated or persistent – if it fulfils all other descriptions of bullying. This possibility should be considered in cases of hate crime related bullying and cyberbullying. If the victim might be in danger, then intervention is urgently required.

What does bullying look like?

Bullying behaviour can be:

- Physical – pushing, kicking, hitting, biting, pinching etc.
- Verbal – name calling, sarcasm, spreading rumours, threats, teasing, belittling.
- Emotional – isolating others, tormenting, hiding books, threatening gestures, ridicule, humiliation, intimidating, excluding, manipulation and coercion.
- Sexual – Unwanted physical contact, inappropriate touching, abusive comments, homophobic abuse, exposure to inappropriate films etc.
- Online /cyber – posting on social media, sharing photos, sending nasty text messages, social exclusion.
- Indirect – Can include the exploitation of individuals.

Although bullying can occur between individuals it can often take place in the presence (virtually or physically) of others who become the 'bystanders' or 'accessories'.

Why are children and young people bullied?

Specific types of bullying include:

Prejudice Related Bullying

Under the Equalities Act 2010 it is against anyone because of:

- age
- being or becoming a transsexual person
- being married or in a civil partnership
- being pregnant or having a child
- disability
- race including colour, nationality, ethnic or national origin including Gypsy, Roma, Travellers
- religion, belief or lack of religion/belief
- sex/gender
- sexual orientation

These are called 'protected characteristics'.

As part of the requirement on schools to promote fundamental British values, schools must proactively challenge derogatory and discriminatory language and behaviour including that which is racist, homophobic, transphobic and disability in nature. We will record these types of bullying, even that which represents a one-off incident, and report them to the local authority for monitoring purposes.

Other vulnerable groups include

- bullying related to appearance or health
- bullying of young carers or looked after children or otherwise related to home circumstances

Although the above do not currently receive protection under the Equality Act 2010, bullying for these reasons is just as serious. There is no hierarchy of bullying – all forms should be taken equally seriously and dealt with appropriately.

Prejudice Related Language

Racist, homophobic, transphobic disability language includes terms of abuse used towards people because of their race/ethnicity/nationality; because they are lesbian, gay, bisexual, or transsexual, or are perceived to be, or have a parent/carer or sibling who is; because they have a learning or physical disability. Such language is generally used to refer to something or someone as inferior. This may also be used to taunt young people who are different in some way or their friends, family members or their parents/carers.

In the case of homophobic and transphobic language particularly, dismissing it as banter is not helpful as even if the terms are not referring to a person's sexual orientation or gender identity they are using the terms to mean inferior, bad, broken or wrong. We will challenge the use of prejudice related language in

our school even if it appears to be being used without any intent. Persistent use of prejudice related language and/or bullying will be dealt with as with any other form of bullying.

Where does bullying take place?

Bullying is not confined to the school premises. It also persists outside school, on the journey to and from school and in the local community.

The school acknowledges its responsibilities to support families if bullying occurs off the premises.

Cyberbullying

The increasing use of digital technology and the internet has also provided new and particularly intrusive ways for bullies to reach their victims.

Cyberbullying can take many forms and bullying online can often start in school and then be progressed online or start online and influence behaviour in school.

Whilst most incidents of cyberbullying occur outside school, we will offer support and guidance to parents/carers and their children who experience online bullying and will treat Cyberbullying with the same severity as any other forms of bullying.

Cyberbullying can include:

- hacking into someone's accounts/sites
- posting prejudice/hate messages
- impersonating someone on line
- public posting of images
- exclusion
- threats and manipulation
- stalking

We will ensure that our children are taught safe ways to use the internet (see our online safety policy) and encourage good online behaviour.

Bullying can take place between:

- young people
- young people and staff
- between staff
- individuals or groups

Reporting and Responding to Bullying

Our school has clear and well publicised systems to report bullying for the whole school.

We use STOP 1 and STOP 2

STOP 1 is a child friendly way for children to recognise that they are being bullied and helps them to define what is happening.

- Several
- Times
- On
- Purpose
(When there is an imbalance of power).

STOP 2 is a child friendly course of action for children to take.

- Start
- Telling
- Other
- People

In the event of bullying, parents will be informed of the nature of any incidents and any action taken. Parents will be informed of their child's role in the bullying as a victim, ring-leader or bystander. Appropriate action using our behaviour policy will take with regards to pupils involved in bullying depending on the age of the child and nature of the bullying.

Systems of Reporting

Children are encouraged to report any incidents of bullying to any member of staff, whether they are the victim or a bystander. Likewise, parents/carers are welcome to discuss any bullying worries with a member of staff. The member of staff will fill in a 'My Concern' and the matter will be investigated by the member of staff the issue was reported to or passed on to the Headteacher.

Procedures

All reported incidents will be taken seriously and investigated involving all parties. The staff are aware of and follow the same procedures.

After an allegation of bullying

- All parties including the target, bully and all others involved will be interviewed and a School Bullying Incident Form will be filled in by a member of staff/Head teacher then passed to the Head teacher.
- Parents/carers will be informed as to the involvement of their child
- Appropriate disciplinary sanctions in accordance with the school's Behaviour Policy will be put in place and these will be graded according to the seriousness of the incident but will send out a message that bullying is unacceptable.
- The response may vary according to the type of bullying any involve other agencies where appropriate.
- Any allegations of bullying will be followed up, in particular keeping in touch with the person who reported the situation, parents/carers.
- Support will be given, appropriate to the situation, for all involved such as – solution focused, restorative approach, circle of friends, individual work with the victim, perpetrator, bystanders and others affected by the bullying, a referral to outside agencies will be made if appropriate.
- The wider community will be liaised with, if the bullying is taking place off the school premises i.e. in the case of cyberbullying or hate crime.

Recording and Evaluation

Bullying incidents are recorded on 'My Concern' by the member off staff who deals with the incident and this is then stored by the Headteacher. The information stored will be used to ensure individual incidents are followed up. It will be used to identify trends and inform preventative work in school and development of the policy.

This information will be presented to governors as part of the termly Headteacher's Report.

This policy will be reviewed and updated annually.

Strategies for Preventing Bullying

As part of our commitment to the safety and welfare of our pupils we have developed the following to promote positive behaviour and discourage bullying behaviour.

- Ensuring that the school actively promotes the celebration of difference and diversity as part of our core values
- Anti-Bullying week annually in November and Safer Internet Day in February
- PHSE/Citizenship lessons and cross curriculum themes
- Celebration events e.g. achievement assemblies on Fridays
- Specific curriculum input on areas such as cyber bullying and internet safety
- School Council
- Playground Buddying/Peer mentors

Reactive programmes for vulnerable groups or groups involved in bullying. For example:

- Restorative Justice
- Counselling and/or Mediation schemes

- Small group work

Support for parents/carers

- Parent groups
- Parent information events/information-on the school website
- Support for all staff

Links with other policies:

- Behaviour
- Safeguarding
- Equality
- PHSE and Citizenship
- Confidentiality

Policy created by:	Senior Leadership Team	September 2026
Policy to be reviewed:	Full Governing Body	September 2027
Policy agreed by governors:	Signed:	Date:

Appendix 1 **Bullying Report Form**

Location/event:

Date of incident:

Time of incident:

Type of behaviour displayed/experienced: (Please Tick)			
Isolation /being ignored or left out		Possessions /kit taken or damaged	
Physical /being hit or hurt		Forced into actions against will/hazing	
Verbal (name-calling, taunting, mocking, threatening)		Written	
Cyber (On-line, social media, email, text, posting photos/videos)		Spreading rumours	
Other (please specify)			

Names of individuals involved:

		Gender	Age	Role*
1				
2				
3				
4				
5				
6				

*Role: **V** Victim **P** Perpetrator **A** Associate **B** Bystander

Where did bullying behaviour occur?

Sports playing area	
Changing rooms	
Toilet	
Other (specify)	

Are there indications that the behaviour was related to any of the following:

General appearance/body image		Race/ethnic origin	
Disability/SEN		Sexual orientation	
Gender/Sexism/homophobia/transphobia		Home circumstances	
Religion		Sports ability	

Brief summary of the behaviour:

Action taken

Overall (include details if incident referred on):

With each individual involved (noted on page 1):

In "Action Taken", include any sanctions, exclusions, parental involvement, or involvement with external agencies.

Form completed by:

Date:

APPENDIX 2

School Council Charter

Everyone within our whole school needs a bully free day so he/she can feel safe at school. Everyone at Park Junior School is responsible to make this happen.

Everyone at Park Junior School should feel valued and respected. We should all celebrate that people can be unique and different e.g. personality, looks, clothes, skin colour, religion.

Everyone has the right to feel safe from mental (ignoring), physical (hitting), verbal (name calling), silent (facial expressions) and cyber (internet) bullying.

We understand that bullying can happen anywhere and we all have the responsibility to make it stop.

Each and every person in school will be able to speak to someone they trust if bullying occurs to them.

We want an anti-bullying policy that everyone promotes, understands and follows. There will be a clear consequence system if a child is showing bullying behaviour.

We should encourage people to say positive things to others.