

THE READY ROOM

SEMH UNIT



**PARK JUNIOR
SCHOOL**

01933 224501

OVERVIEW

1 Aims & Purpose

The Ready Room is a unit designed for children whose primary need is SEMH. SEMH relates to emotional and mental health difficulties, which can present as poor behaviour but often stems from trauma, anxiety, or attachment issues. SEMH is not the same as ASD/ADHD, although they can present similarly.

The unit provides temporary, targeted support for pupils who are struggling with behaviour or emotional regulation, helping them stabilise, build coping strategies, and successfully reintegrate back into the mainstream classroom. The children attend our unit for 2 full days per week and their home school for the remaining 3 days.

2 Intake procedure

Places in the unit are referred directly through Maplefields Outreach, who ensure pupils are highlighted and supported through an established pathway. After the referral is made, the child is placed on a waiting list until a place becomes available. At this point, our Unit Lead will observe the student and meet with the SENCO to ensure the unit is the right provision for their individual needs.

The Ready Room is accessible for children in years 3-5. Children in receipt of an EHCP are ineligible for a place in The Ready Room, as this is designed as an early intervention.

TRANSITIONS

The duration of a placement in The Ready Room is dependant on each individual's progress and ability to reintegrate, but will not exceed 15 months. The decision to end the placement is made in conjunction with the student's home school and once the decision has been made, a transition timetable will be created to ensure the reintegration is gradual and well monitored.

WHAT WE LEARN



Maths

We follow the White Rose Maths Scheme. Each term we have a new focus:

Term 1 - Addition & Subtraction
Term 2 - Multiplication & Division
Term 3 - Multiplication & Division
Term 4 - Fractions
Term 5 - Money & Time
Term 6 - Shape & Statistics



English

We have one reading and one writing lesson per week. The genre focus of each term is:

Term 1 - Letters
Term 2 - Instructions
Term 3 - Poetry
Term 4 - Story writing
Term 5 - Myths & Legends
Term 6 - Playscripts



Afternoons

Although we love to inspire the children's creativity through art and DT, the majority of our lessons are PSHE. This teaches the children how to identify their emotions, the affects the emotions have on the body and strategies to cope. We also cover protective behaviours and how to keep themselves and others safe in and outside of school.

MEET THE TEAM



Lauren Kings

Our Unit Lead is Lauren Kings, who is also the SENCO of Park Junior School.

Lauren joined the school in 2024 and is passionate about supporting children with SEMH needs to feel safe in school and re-engage in learning in order to become successful adults.



Kathryn Parker

Kathryn Parker has worked as Learning mentor within the unit since 2009, helping to nurture, support, and make learning a little easier.