

Park Junior School Newsletter



Newsletter Friday 13th February 2026

Our school newsletter to keep you up to date with the latest news from PJS.

In This Issue

- Headteacher's Latest News
- Dates for this term
- Headteacher Awards
- Parental E-Safety Newsletter
- PE days
- Achievements
- Super Work
- Dyslexia Workshop for Parents / Carers
- A Midsummer Night's Dream Ticket Sales
- Musician of the Month
- Extra-Curricular Clubs
- Music lessons
- School Lunches
- Picture News
- Park Junior School Lottery

- Local Community
- Contact Us

Headteacher's Latest News



Newsletter – 13th February 2026

A Busy and Enjoyable Week

This half term has absolutely flown by, and it has been a particularly enjoyable week. With Mental Health Awareness Week and Internet Safety Day on Tuesday, there has been a variety of different sessions for the children to enjoy and absorb. There were some great raps composed by the children which we have put onto Facebook for you to enjoy. We also welcomed a mental health professional to the school today to present about improving our mindfulness including topics on stronger together, breathing, kindness & living in the present. We are very grateful to Kim from 'Mini Me Mindfulness' for giving the children such a valuable day.

Wellie Wombles Visit & Litter Pick

We welcomed Wellie Wombles to assembly on Monday. It was very informative, telling the children about the amount of waste collected in our area and the dangers of having so much litter around, especially to wildlife. On Thursday afternoon, the School Council did a litter pick with them in the local area. Amazingly, they filled 10 bags full of litter. Thank you to Mrs Young for organising this valuable experience.

School Disco

As always, our disco was incredibly well attended last night, and hopefully everyone had a great time. We are very fortunate to have such an active Friends of the School team who raise valuable funds for us.

Year 3 Visit to Flag Fen

We very much hope the Year 3 children enjoyed their visit to Flag Fen on Wednesday. This was a day when they studied the Romans, and there are some great photos on Facebook of everything they got up to.

Sporting Success

Our sportshall athletics children were tremendously successful in a competition last week. Out of 10 teams, they came an amazing second place and each received silver medals. Well done to everyone who took part. Also, a special mention to Bani, who represented the school at the county table tennis championships on Tuesday. She did incredibly well and actually won the Northamptonshire Schools' U11 competition. Bani is now County Champion and will be representing the school in the national finals.

Netball Competition

Well done to our netball team who took part in an enjoyable competition on Wednesday afternoon. They managed to dodge the showers and represented Park brilliantly.

Garden Boats

It is that time of year when we start to plan out planting up our garden boats (front corner of school). These are a joy and the children thoroughly enjoy watching a variety of flowers, fruit and veg grow throughout spring and summer. We were wondering whether there were any parents or grandparents who would be willing to volunteer to support us with this. It would be for a couple of hours a week and means we can keep on top of the planting etc. If you are interested, please contact the school office and we can arrange induction and a DBS check.

Half-Term Reminder

Just a reminder that we break up for half term today for a well-earned rest. School reopens to the children on Monday 23rd February for another fun-filled half term.

Final Message

I wish you all an enjoyable week and look forward to seeing everyone again next half term.

Kind regards,

David Tebbutt

Dates for this term

Monday 23rd February

School opens at 8.50am

Monday 2nd March

World Book Week

Thursday 5th March

World Book Day

Epic Tales Visit

Tuesday 10th March

Local Governing Body meeting 6.00pm

Tuesday 17th March

Parents Evening 3.40pm-6.00pm - information to follow

Wednesday 18th March

Parents Evening 3.40pm-6.00pm - information to follow

Book Fair arrives until Tuesday 24th March

Tuesday 24th March

Year 4 Building Club finishes

RSC 'A Midsummers Night's Dream' at Royal and Derngate, Northampton

Thursday 26th March

Year 4 Swimming finishes

Friday 27th March

School closes for half term at 3.30pm

Monday 13th April

School opens at 8.50am

Wednesday 15th April

Tempest Class Photographs

Headteachers Awards

Head Teacher Awards for Friday 6th February 2026

3JW – Theodora for PERSEVERANCE - Her resilience in maths is commendable. Rather than giving up when work becomes difficult, she seeks clarification through insightful questions, demonstrating a genuine desire to learn and improve. Keep this up Theodora!

3JW – Eden for AMBITION - Eden is showing increased ambition in his English writing, taking greater pride in his work, and making a clear effort to improve. His willingness to try new techniques and implement these is awesome!

3KY – Hayat for AMBITION - Hayat consistently shows a fantastic attitude to learning by carefully listening to advice and thoughtfully applying it to her work. She is keen to challenge herself and confidently uses a growing range of new skills and vocabulary in English, which is having a clear and positive impact on the quality of her writing. Hayat's determination to improve and her willingness to push herself make her a wonderful role model for ambition in the classroom.

3KY – Isla-Rose for RESPONSIBILITY - Isla-Rose has shown a commendable level of responsibility in both Maths and English lessons. She approaches her learning thoughtfully, listening carefully to guidance and using it to strengthen her understanding. Isla-Rose is now contributing more regularly in lessons, confidently sharing her thinking and demonstrating what she has learned. This responsible approach has supported her progress, and is helping her to achieve well because of her positive attitude. Well done Isla-Rose.

4VdB – Alexandra for KINDNESS – I have been really impressed with the kindness that Alexandra has shown towards her peers during our swimming sessions. She has been really supportive towards her peers and a perfect role model for our school. Well done!

4VdB – Noah for PERSEVERANCE – Noah has been trying really hard in all his lessons over the past few weeks. Even when things get a little tricky, he perseveres and keeps going. I was particularly impressed with the kennings poems that he created this week on different animals.

4JD - Aba for KINDNESS - Aba is a vibrant presence in our classroom, always ready to brighten our day by sharing her feelings and life experiences with an open heart. Her exciting weekend updates and fun personality make her a joy to chat with—thank you for being so uniquely you, Aba!

4JD – Maddie for RESPONSIBILITY - Maddie is like a talented circus juggler; the more tasks I throw her way, the more she handles with ease! She shows incredible responsibility by always supporting her peers and using her own skills to help others grow, too. An amazing year so far Maddie.

5VT – Afnan for KINDNESS - for the kindness she shows everyone around her and her calm nature.

5VT – Kajus for PERSEVERANCE - Kajus is demonstrating his perseverance in continuing to improve his behaviour both in and out of the classroom.

5LL – Anna-Dzhuli for KINDNESS - For always being kind and helpful, getting on quietly with others, and setting a wonderful example through thoughtful actions every day.

5LL – Manuli for RESPONSIBILITY - In recognition of the responsibility she has shown by arriving promptly to lessons and settling to work quickly. Her improved organisation and independence show a mature and positive attitude to learning.

6HM / 6JM - Ariel for PERSEVERANCE - Ariel has shown determination, resilience, and a positive attitude when tackling challenging maths during our booster group sessions, never giving up and always striving to improve. Alongside this, she has written a beautifully crafted poem about nature, using superbly chosen language to create vivid imagery and thoughtful expression. Her hard work across both maths and writing reflects her commitment to learning and her growing confidence. She should be extremely proud of these achievements.

6HM / 6JM - Blake for RESPONSIBILITY - Blake has shown a growing maturity in the way he approaches school life, throwing himself wholeheartedly into every opportunity offered to him. He is thoughtful, reliable, and consistently willing to help others. In particular, he has been extremely supportive to his teachers, using his strong technology skills to help improve lessons and support learning. His positive attitude and sense of responsibility make him a valued member of the school community, and he should be highly commended for his efforts.

6SM – Borys for PERSEVERANCE – Borys is working really hard, particularly in maths and did fantastically well in his bonus booster group while he is unable to do PE – I can see him challenging himself and reaping the benefits.

6SM - Layton for AMBITION – Layton constantly pushes himself to do better in all lessons as well as other activities he undertakes. He asks what he can do to improve and takes on board advice and feedback given to him. Well done Layton.

Head Teacher Awards for Friday 13th February 2026

3JW – Vedi for AMBITION - She is showing great ambition in her writing and consistently puts effort into making her stories engaging. Vedi is following the story sequence well, and is trying to include descriptive language, which is adding detail and creativity to her work. Keep it up!

3JW – Sheza for KINDNESS - She consistently shows kindness and respect toward me, other adults, and her classmates. She is always willing to help others and offers support whenever it is needed, making her a valuable asset to the class community and school.

3KY – Kaitlyn for AMBITION - Kaitlyn is doing brilliantly with her times tables. She is ambitious and always sets herself clear targets, determined to become our TT Rockstar of the Week. Through her hard work, focus, and regular practice, she has achieved this special title numerous times this term! Kaitlyn's dedication and positive attitude towards improving her maths skills are wonderful to see, and I am very proud of her! Well done Kaitlyn!

3KY – Cristella for AMBITION - Cristella listens brilliantly to every instruction and thoughtfully includes everything she is asked to in her writing, always trying her hardest to make her work the best it can possibly be. Cristella challenges herself to use a wide range of ambitious vocabulary, choosing exciting and powerful words that make her writing sparkle. Her writing is imaginative, detailed, and full of interesting ideas that capture her readers' attention from beginning to end. Great work Cristella!

4VdB – Norah for KINDNESS – Norah is an incredibly kind, thoughtful and helpful member of 4VdB. She is always respectful towards her peers, showing care and consideration towards her friends.

4VdB – Shaan for AMBITION – Shaan always puts 100% effort into his learning. He strives hard to achieve success, showing ambition within his work tasks and presenting his work to an impeccable standard.

4JD –Khadijah for RESPONSIBILITY - Khadijah truly flourishes when given responsibility, consistently proving herself to be a trustworthy, diligent, and incredibly helpful member of our class. Her amazing support is always delivered with the most beautiful smile, and I am grateful for the positivity she brings to everything she does.

4JD – Milan for AMBITION - Milan has had an exceptional Year 4, refusing to settle for "average" and showing incredible ambition across every single subject. He is a proactive learner who approaches every task with a level of drive that makes this a truly magnificent year.

5VT – Sulayman for RESPONSIBILITY – Sulayman has been working so incredibly hard and has begun to take responsibility not only for his learning, but also for working with others. I am so very proud of him.

5VT – Kajus for AMBITION – Kajus has a good level of ambition and wants to do well in life. He often shares things he has learnt at home and is able to develop others' ideas.

5LL – Zara for AMBITION - For contributing in lessons, confidently putting her hand up to answer questions, and working increasingly independently. Her determination and positive mindset are a real credit to her.

5LL – Elissia for KINDNESS - Elissia showed great thoughtfulness by supporting a friend during Drama, helping her to be ready and confident so she did not miss her cue to perform. This was a wonderful example of teamwork and consideration for others.

6HM / 6JM - Lian for RESPONSIBILITY - For outstanding responsibility in learning. Lian showed real independence and curiosity by finding an alternative method for calculating percentages of amounts, beyond the one he was taught. Impressively, he was able to explain and teach this method clearly, demonstrating deep understanding, confidence, and a positive attitude to learning. A fantastic example of taking ownership of learning and striving to go further.

6HM / 6JM - Amelie for PERSEVERANCE - This award is presented to Amelie for her excellent perseverance in our maths booster group. She has shown great determination and focus, even when work is challenging, and continues to push herself to improve. Amelie was able to clearly explain different mathematical methods to the rest of the group, supporting others and demonstrating growing confidence and understanding. A wonderful example of resilience and teamwork in learning.

6SM – Ra’Mel for PERSEVERANCE – Ra’Mel has been working hard to push himself more in his work and it shows, he has done some nice independent writing in English and has worked well in maths too.

6SM – Ramadhan for AMBITION – Ramadhan has taken on board advice given to him on how to improve his writing. As a result of this, his writing has improved greatly. Well done.

Parental E-Safety Newsletter



Online Safety Newsletter
February 2026

CBeebies Parenting and Apps

CBeebies Parenting is full of useful information from creative activities, recipes and information about the CBeebies apps.

CBeebies apps are free to download with no in-app purchases. Their apps include:

- Playtime Island - Fun Games for Kids App. This app includes 40 free games.
- CBeebies Learn - Early Years Learning App. This app includes games and videos and is based on the Early Years Foundation Stage curriculum.
- Get Creative - Open-ended Creative Activities App. This app is free and includes lots of drawing and painting activities.
- Storytime - Reading Stories App. This app includes interactive story books.

You can find out more here:

<https://www.bbc.co.uk/ceebies/parents>

Would you like to read this newsletter in a different language? You can use the translate tool on our web version: <https://www.knowledgeforprimary.co.uk/primary/2026/02/german/>

Using AI to alter images

AI image generator and moderator tools are widely available and often used by children. Whilst these tools can be used for creative purposes, we need to ensure our children are aware of the appropriate way in which to use them and the circumstances when they should not be used, even if harm is not intended.

What are AI image generator and moderator tools?
It is when Artificial Intelligence is used to create or modify images, for example it could be used to swap faces, change expressions or for more sinister reasons, such as to remove clothes. These images are often very realistic and therefore difficult to see that they are fake.

Privacy concerns and consent
If your child is using these tools, they need to be aware of potential loss of privacy and the importance of consent. They should know that they should only use images of other people with consent.

What does my child need to know about using these tools?

- Children shouldn't use AI tools to manipulate images of school staff. Even if the child's intention is not malicious, children should not use AI tools to create or edit photos of teachers under any circumstances.
- Manipulation of images of friends or other children – if you are using images of other people, their consent must always be sought.
- The tools should not be used to create images that can embarrass or hurt others - this is a form of online bullying.
- Copyright issues – who owns the copyright? These images could be reused by others, which can affect their own digital footprint.

What should I do?

- Chat to your child if they are using these tools and ascertain the reason why. Ask them to show you the images that they have created.
- Check the age ratings of any apps/websites that your child is using and set up appropriate parental controls.
- Develop your child's digital literacy by teaching them to recognise online risks and to behave responsibly online.

Further information

- <https://www.ncsc.org.uk/keeping-children-safe/online-safety/talking-to-children-about-ai>
- <https://ouratschools.co.uk/2025/02/18/understanding-image-consent-at-schools/>

TikTok

You must be over 13 years of age to use TikTok. TikTok is a social media platform for sharing and watching short video clips. If your child is using TikTok then make sure appropriate security / privacy settings are applied.

Account set up
It is important that your child enters their real date of birth as accounts are tailored by age e.g., Direct Messaging is disabled for accounts aged 13-15. In addition, advertisements are tailored by age. By default, accounts for people under 16 are set to private. You can read more about the other settings available, such as switching off comments and restricted mode here: <https://support.tiktok.com/en/account-and-privacy/account-privacy-settings/privacy-and-safety-settings-for-users-under-age-16>

Family Pairing
Family Pairing allows you to link your own account to your child's account. You can then set controls such as restricted mode or tailor your child's 'For You' feed by selecting keywords that TikTok will use to filter out posts. You can find out more here: <https://support.tiktok.com/en/safety-hc/account-and-user-safety/family-pairing>

What do I need to be aware of?

- Inappropriate content and themes:** whilst against guidelines, explicit and inappropriate content can be found on this platform, for example nuddy/sexual content and hate speech. Some of the songs available to lip sync to may contain inappropriate lyrics/themes.
- Challenges:** We often see viral challenges on social media, some of which can be **risky/dangerous**. Sadly, there are reports that children have died whilst attempting online challenges. Children may not yet have developed the skills and ability to critically analyse that what they see online is not always safe for them to replicate.
- Stranger contact:** chat to your child about how people may not be who they say they are when online.

Refresh your feed
You can refresh your "For You" feed to update the content recommended: <https://support.tiktok.com/en/account-and-privacy/account-privacy-settings/refresh-your-for-you-feed>

Blocking and Reporting
Show your child how to use the safety features available.

Further information

- <https://parentzone.org.uk/article/tiktok>
- <https://www.tiktok.com/safety/en/guardians-guide>

Users of this guide do so at their own discretion. No liability is entered into. Content as of the date released 01.02.20. The inclusion of any links does not imply any affiliation with or endorsement of the linked website, documents, or videos, nor do we claim any ownership or copyright in the content of the linked materials.

Balance screen time tips

Internet Matters have created simple tips to help you develop healthy online habits for your child. They also answer key questions such as "how much screentime is too much?" and "is gaming bad for children." Access this information here:
<https://www.internetmatters.org/create-a-balanced-digital-diet-with-screen-time-tips>

7 Steps to Good Digital Parenting

The Family Online Safety Institute have created seven steps to assist you as a digital parent. Find out more here:
<https://fosi.org/program/7-steps-to-good-digital-parenting/>

Children's Commissioner launches new guide for parents and carers

The Children's Commissioner has released a new guide to help you in managing your child's digital life. The guide was written with direct involvement from children.
It includes advice on setting boundaries such as no devices in the bedroom and how to chat to your child. You can find the guide here:
<https://www.childrenscommissioner.gov.uk/what-i-wish-my-parents-or-carers-knew/childrens-commissioner-launches-guide-for-parents-and-carers-on-managing-childrens-digital-life/>

PE Days

Year 3 Wednesday and Friday

Year 4 Wednesday and Thursday (swimming starts Thursday 15th January until Thursday 26th March 2026)

Year 5 SVT -Tuesday and Thursday

5LL - Tuesday and Friday

Year 6 6HM/JM - Monday and Thursday

6SM - Thursday (x2)

Achievements

Many, many congratulations to Bani who represented the school at the Northamptonshire Schools' Table Tennis Championships this week. We are delighted to announce that she won the girl's U11 tournament and is now County Champion!! We are delighted for Bani and very proud of her efforts. She now moves forward to the national championships in April.



We welcomed Zoe Hall, maths lead from NPAT, to school last Friday to present prizes for the Barvember maths competition we held in November. Many congratulations to all the winners. Absolutely delighted to announce we had the overall winner from the whole competition and that went to Surraya. She received a special prize from Miss Hall. Well done to everyone who took part.





A great school disco was held yesterday. Thank you to everyone who came along. Hope everyone had a great time.



Many congratulations to our Year 3/4 Sportshall athletics team who came 2nd overall in the Sportshall Athletics competition last Wednesday. The team were amazing and did Park proud. A big well done to all the children. Thanks to Mr Draper and Emma from Pacesetters for coaching them.



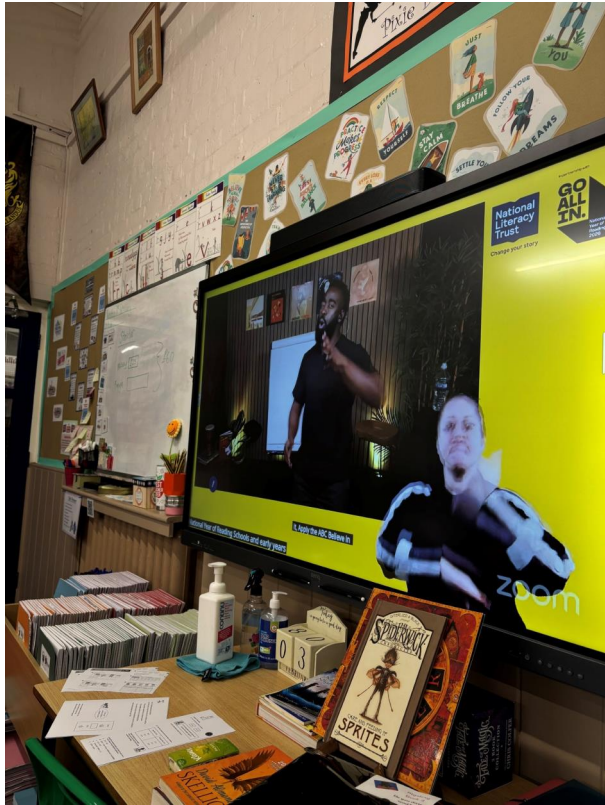
Super Work

5VT are loving National Storytelling Week. They had fifteen minutes to tell their partners a story of their choice, it could be real or made up. We then gave each other feedback on story telling and audience. We all fully joined in and there was a lot of fun and laughter.





As part of National Storytelling Week, 5VT joined a live webinar with Alim Kamara. He was showing them how to tell a story through rap. It was so much fun and they all joined in with the words and the moves. Miss Townson has ordered his book too as the whole class wanted to read it.





We had 15 Year 5 children working with Silhouette on composing a song for their part in the production of Midsummer Night's Dream.





For their science topic on rocks and soils, Year 3 have been making their own fossils using clay and plaster of paris. We had some amazing results!



3KY had a fun morning learning how to make an animation. Next step, they're going to plan and create their own animation linked to The Romans!







Year 3 loved their day at Flag Fen. Here are photos of some of the activities they did during their Roman Day.















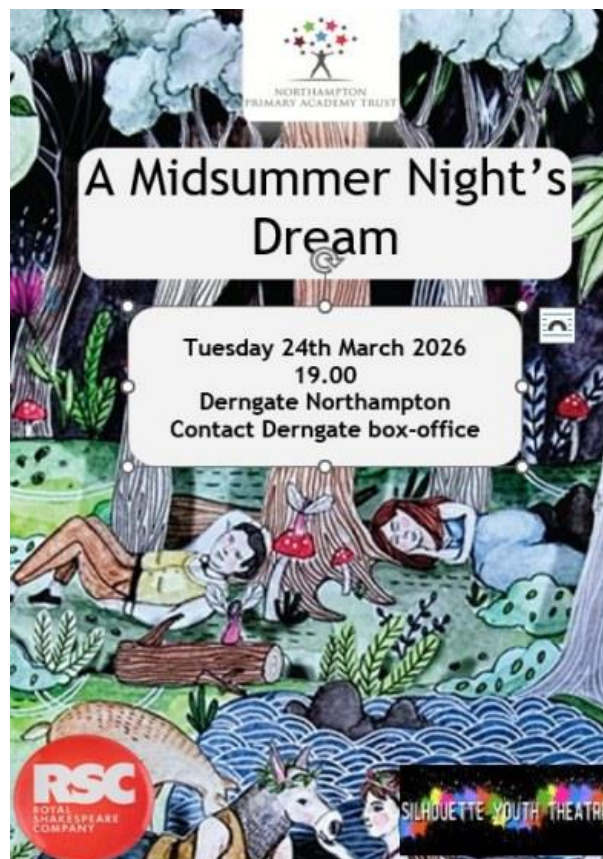
Dyslexia Workshop for Parents / Carers

Dyslexia Workshop for Parent/Carers and Professionals - Delivered by Sarah Wicks.

Building Strong Readers In this parent-friendly talk, I will explore what we can do to help our children and students prepare to become better readers. Delving into the science of reading, and drawing on 40 years' worth of psychological and educational research, I'll outline how the brain learns to read and how we can develop those processes. I'll also share what can cause challenges with reading, and what parents and teachers can do to support early literacy and intervene early. You'll come away from the session with practical ideas to use at home, what to say to teachers when you're worried, and where you can find ongoing support for reading during this, the National Year of Reading!

Book here: <https://npcv.co.uk/book-a-service%2Fevent/ola/services/dyslexia-workshop-online>

A Midsummer Night's Dream Ticket Sales



Musician of the Month

HOME INFORMATION

February's Musician of the Month

Nusrat
Fateh Ali Khan

SPOTIFY

About: Nusrat Fateh Ali Khan (1948 – 1997) was a Pakistani singer, songwriter, and music director. He was primarily a singer of qawwali – a form of Sufi devotional music and is considered by The New York Times to be the greatest qawwali singer of his generation. He was known for his vocal abilities and could perform at a high level of intensity for several hours. Khan is widely credited with introducing qawwali music to international audiences. He was also a master in Hindustani classical music.

Genres: Qawwali, Religious & Classical

Active from: 1971 - 1997

Origin: Faisalabad, Pakistan

Books to read...

If you like Nusrat Fateh Ali Khan, try...

- Rahat Fateh Ali Khan
- The Nooran Sisters
- The Sabri Brothers

Extra Curricular Clubs

We will always inform you by text message, in advance, if there are any changes. Our newsletter will always be up to date with relevant information.

Please ensure you collect your child promptly after clubs.

| Club | Day | Year Group | Leader | Where | Time |
|---------------|-----------|------------|--------|--------------------|---------------|
| Choir | Monday | 3 - 6 | KY | Hall | 3.30pm-4.15pm |
| Art | Monday | 3 and 4 | JW | 3JW classroom | 3.30pm-4.15pm |
| Building | Tuesday | 4 | JM VdB | Group room/library | 3.30pm-4.15pm |
| Drama | Tuesday | 5 | VT LL | Hall | 3.30pm-4.15pm |
| Basketball | Wednesday | All years | Titans | Playground | 8.00am-8.45am |
| Basketball | Wednesday | All years | Titans | Playground | 3.45pm-4.45pm |
| Football | Thursday | 5 and 6 | DT | Playground | 3.30pm-4.15pm |
| Book and Bake | Thursday | 6 | JMc | 6HM JMc classroom | 3.30pm-4.15pm |
| Table Tennis | Thursday | 3 | JD | Hall | 3.30pm-4.15pm |
| Basketball | Friday | All years | Titans | Playground | 8.00am-8.45am |

School Lunches

We use Dolce Catering to provide all our hot school meals to the children.

Meals are ordered on SchoolGrid. Please contact the school office if you require any further information.

Please remember meals must be ordered and paid for in advance or we will be unable to provide a meal for your child.

| SPRING SERVERY | | | |
|-------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| BREAD AND DRINK BAR AVAILABLE DAILY | | | |
| | WEEK 1 WC: 18th Jan, 28th Jan 18th Feb, 18th Mar, 20th Mar | WEEK 2 WC: 19th Jan, 2nd Feb 22nd Feb, 26th Mar | WEEK 3 WC: 19th Jan, 9th Feb 2nd Mar, 23rd Mar |
| MONDAY | <p>Deep Pan Margherita Pizza & Garlic Slice (V)</p> <p>Sausage & Potato Curry with Steamed Rice (V) (GF)</p> <p>Jacket Potatoes & Filling (V) (GF) (GF)</p> <p>Soft Roll with a Choice of Filling (V) (V) (V)</p> <p>Spiced Sweets, Sausages Fresh Daily Salad Selection, Fresh Steamed Bread</p> <p>Ice Cream & Fruit (V)</p> <p>Dairy Homebake, Seasonal Fruit, Fruit Yoghurt</p> | <p>Deep Pan Margherita Pizza (V)</p> <p>Quorn Dippers (V) (V)</p> <p>Jacket Potatoes & Filling (V) (V) (GF) (GF)</p> <p>Soft Roll with a Choice of Filling (V) (V) (V)</p> <p>Baked Potato, Sausages, Sausages, Peas Fresh Daily Salad Selection, Fresh Steamed Bread</p> <p>Lemon Cuddie (V) (V)</p> <p>Dairy Homebake, Seasonal Fruit, Fruit Yoghurt</p> | <p>Deep Pan Margherita Pizza with Garlic Slice (V)</p> <p>Veggie-Ball Curry & Steamed Rice (V) (V)</p> <p>Jacket Potatoes & Filling (V) (V) (GF) (GF)</p> <p>Soft Roll with a Choice of Filling (V) (V) (V)</p> <p>Spiced Sweets, Sausages Fresh Daily Salad Selection, Fresh Steamed Bread</p> <p>Chocolate Cuddie (V) (V)</p> <p>Dairy Homebake, Seasonal Fruit, Fruit Yoghurt</p> |
| TUESDAY | <p>Deep Baked Sausages & Creamy Mashed Potatoes</p> <p>Roast Baked Sausages & Creamy Mashed Potatoes (V) (V)</p> <p>Jacket Potatoes & Filling (V) (GF) (GF)</p> <p>Soft Roll with a Choice of Filling (V) (V) (V)</p> <p>Baked Sweets, Sausages Fresh Daily Salad Selection, Fresh Steamed Bread</p> <p>Fresh & Fused Fruit Cuddie with Custard (V)</p> <p>Dairy Homebake, Seasonal Fruit, Fruit Yoghurt</p> | <p>Moussaka in Tomato Sauce (GF)</p> <p>6x1 Lamb Sweet Potato & Coconut Curry (V) (V)</p> <p>Jacket Potatoes & Filling (V) (V) (GF) (GF)</p> <p>Soft Roll with a Choice of Filling (V) (V) (V)</p> <p>Spiced Sweets, Sausages Fresh Daily Salad Selection, Fresh Steamed Bread</p> <p>Vanilla Ice Cream (V)</p> <p>Dairy Homebake, Seasonal Fruit, Fruit Yoghurt</p> | <p>All Day Breakfast</p> <p>English Veggie Breakfast (V) (V) (V)</p> <p>Jacket Potatoes & Filling (V) (V) (GF) (GF)</p> <p>Soft Roll with a Choice of Filling (V) (V) (V)</p> <p>Fresh Sweets, Baked Sweets, Peas Fresh Daily Salad Selection, Fresh Steamed Bread</p> <p>Hot Jelly (V) (V)</p> <p>Dairy Homebake, Seasonal Fruit, Fruit Yoghurt</p> |
| WEDNESDAY | <p>Roast Chicken (GF)</p> <p>Roast Quorn Fillet (V)</p> <p>Jacket Potatoes & Filling (V) (GF) (GF)</p> <p>Soft Roll with a Choice of Filling (V) (V) (V)</p> <p>Roast Potatoes, Carrots, Peas, Onions Fresh Daily Salad Selection, Fresh Steamed Bread</p> <p>Raspberries, Jelly (V) (V)</p> <p>Dairy Homebake, Seasonal Fruit, Fruit Yoghurt</p> | <p>Storage Cooked Yorkshire Pudding</p> <p>Pure Baked Storage Cooked Yorkshire Pudding (V)</p> <p>Jacket Potatoes & Filling (V) (V) (GF) (GF)</p> <p>Soft Roll with a Choice of Filling (V) (V) (V)</p> <p>Mashed Potatoes, Carrots, Peas, Onions Fresh Daily Salad Selection, Fresh Steamed Bread</p> <p>Jelly & Fruit (V) (V) (V)</p> <p>Dairy Homebake, Seasonal Fruit, Fruit Yoghurt</p> | <p>Roast Chicken (GF)</p> <p>Margherita Pizza (V) (V)</p> <p>Jacket Potatoes & Filling (V) (V) (GF) (GF)</p> <p>Soft Roll with a Choice of Filling (V) (V) (V)</p> <p>Roast Potatoes, Carrots, Peas, Onions Fresh Daily Salad Selection, Fresh Steamed Bread</p> <p>Fresh Fruit Salad (V) (V)</p> <p>Dairy Homebake, Seasonal Fruit, Fruit Yoghurt</p> |
| THURSDAY | <p>MINI Chicken Korma (GF)</p> <p>Tomato & Herb Pasta Bake (V) (V)</p> <p>Jacket Potatoes & Filling (V) (GF) (GF)</p> <p>Soft Roll with a Choice of Filling (V) (V) (V)</p> <p>Sausages, Sausages Fresh Daily Salad Selection, Fresh Steamed Bread</p> <p>Chocolate & Orange Cuddie (V) (V)</p> <p>Dairy Homebake, Seasonal Fruit, Fruit Yoghurt</p> | <p>CHOC and CHEESE & Steamed Rice (GF)</p> <p>Macaroni Cheese (V)</p> <p>Jacket Potatoes & Filling (V) (GF) (GF)</p> <p>Soft Roll with a Choice of Filling (V) (V) (V)</p> <p>Spiced Sweets, Sausages Fresh Daily Salad Selection, Fresh Steamed Bread</p> <p>Ginger Cake & Custard (V)</p> <p>Dairy Homebake, Seasonal Fruit, Fruit Yoghurt</p> | <p>Bolognese Pasta Bake</p> <p>Cheese & Tomato-Pastel Muffin (V)</p> <p>Jacket Potatoes & Filling (V) (V) (GF) (GF)</p> <p>Soft Roll with a Choice of Filling (V) (V) (V)</p> <p>Sausages, Sausages Fresh Daily Salad Selection, Fresh Steamed Bread</p> <p>Donut Apple Cake & Custard (V)</p> <p>Dairy Homebake, Seasonal Fruit, Fruit Yoghurt</p> |
| FRIDAY | <p>Breaded Fish Fingers</p> <p>Falafel Fingers (V)</p> <p>Jacket Potatoes & Filling (V) (GF) (GF)</p> <p>Soft Roll with a Choice of Filling (V) (V) (V)</p> <p>Chips, Peas, Sausages, Mashed Fresh Daily Salad Selection, Fresh Steamed Bread</p> <p>Sausage Cake (V)</p> <p>Dairy Homebake, Seasonal Fruit, Fruit Yoghurt</p> | <p>Breaded Fish Fingers</p> <p>Sausage & Sweet Potato Fritter</p> <p>Jacket Potatoes & Filling (V) (GF) (GF)</p> <p>Soft Roll with a Choice of Filling (V) (V) (V)</p> <p>Chips, Peas, Sausages, Mashed Fresh Daily Salad Selection, Fresh Steamed Bread</p> <p>Mashed Potatoes (V)</p> <p>Dairy Homebake, Seasonal Fruit, Fruit Yoghurt</p> | <p>Breaded Fish Fingers</p> <p>Quorn Ball (V)</p> <p>Jacket Potatoes & Filling (V) (V) (GF) (GF)</p> <p>Soft Roll with a Choice of Filling (V) (V) (V)</p> <p>Chips, Peas, Sausages, Mashed Fresh Daily Salad Selection, Fresh Steamed Bread</p> <p>Chipsy Cake (V)</p> <p>Dairy Homebake, Seasonal Fruit, Fruit Yoghurt</p> |

Picture News

Each week the children discuss the latest topical areas that are in the news.

Here is this week's debate.



Park Junior School Lottery

Park Junior School Lottery

Friends of Park Junior School have been running a school lottery for the last six years and any profits have allowed them to fund additional items for the children. Many thanks to all the parents and carers who have continued to support the school and if you are interested in joining please go to www.yourschoollottery.co.uk¹ to register and play. Ticket sales are averaging 35 a week. We would very much like to improve this. More tickets sold means more profits to the school. The draw takes place on Saturdays. All of our profit goes to OUR school! A GUARANTEED prize to someone on our supporter list every week!

Start supporting *NOW* for only £1 a week!

A further chance of winning £25,000 in a separate draw every week.



¹<https://www.yourschoollottery.co.uk/>

Local Community



perfect for
7-14yrs
Mondays 5pm - 6.30pm
Glams Hall
Wellingborough

10th
GLJ
theatre
ANNIVERSARY

YOUTH THEATRE

SESSIONS LED BY
GARY L JOHNSON

SCAN ME

At GLJ Youth Theatre, we offer our members the unique opportunity to take part in a number of performances throughout the year. Our members have the chance to explore drama, create new characters and scenes from scratch, and get hands on with costume, props, and scripts from different artists, all in a safe and fun environment. We guarantee a fun and creative experience for all of our members.

Members will have the opportunity to perform on stage this season in...
SCHOOLS OUT & BEST IN BLOOM, THE EPIC SHOW



WE ACCEPT
CHILDCARE
VOUCHERS &
TAX FREE
CHILDCARE!

BOOK 5 OR
MORE FULL
DAYS IN THE
SAME ORDER &
SAVE 10%!

PACESETTER
SPORTS & WELLBEING

**FEBRUARY HALF TERM HOLIDAY
SPORTS CLUBS**

| | |
|--------------------------------------------|-------------------------------------------|
| ABINGTON PDC, NORTHAMPTON | SPRATTON PRIMARY, NORTHAMPTON |
| REDWELL PRIMARY, WELLINGBOROUGH | HALL MEADOW PRIMARY, KETTERING |

**16TH - 20TH FEBRUARY
9AM - 4PM
£27.50 PER DAY**



FLIPPING 'ECK!!
It's Wellingborough Pancake Race
Saturday 14th February 2026
11am - Market Street, Wellingborough

Register now to take part – It's FREE
www.wellingboroughtowncouncil.gov.uk/council_events/pancake-race/



SCAN ME

SCHOOL Holiday

February Half Term
Monday 16 to Friday 20 February

Join us for a wide range of activities
across North Northamptonshire

Visit our website:
www.northnorthants.gov.uk/holidayactivities





Children's Mental Health Week 2024



Xplorer is a family friendly navigation challenge that is educational and fun and gives children a sense of adventure as they explore the park to find markers.

February Half term events:

- **Monday 16th February 1-3pm:** Wellingborough, Swanspool Gardens (NN8 2BZ)
- **Tuesday 17th February 12- 2pm:** Kettering, Green Patch (NN16 0LU)
- **Wednesday 18th February 1 – 3pm:** Corby, Boating Lake (Start point near cafe - NN17 2UN)
- **Thursday 19th February 11 – 1pm:** Rushden, Hall Park (NN10 9ES)

NO NEED TO BOOK

FREE TO JOIN

For more information contact: activefamilies@northnorthants.gov.uk



Let's Get Active-*February*



Healthy Schools
North Northants

| | | | | | | | |
|-------------------------------------------------------------------|-------------------------------------------------------|----------------------------------------------------------------------|-----------------------------------------------------------|-----------------------------------------------------------------|----------------------------------------------------------|------------------------------------------------------------|-----------------------------------------------------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| Stand up whilst you watch a TV program. | Visit the local swimming pool with friends or family. | After 15 minutes of sitting down, do 10 star jumps. | Ask someone you live with which chore you can do to help. | Find a calm space outside in the fresh air- breathe in and out. | Walk around whilst you're on your phone or tablet. | Visit a friend for a catch up. | Take your dog, or a family members dog, for a walk. |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Create something for someone you love and post it in a post-box. | Visit the local shop and find a healthy snack. | Act out different animals and see if someone can guess what you are. | Come up with ways you can exercise in a chair. | Wash up after dinner. | Find sticks outside and use them to create some artwork. | Walk round your local area and explore the neighbourhoods. | Set up a healthy indoor picnic for your family. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| Do some arm circles, forwards and backwards, for 30 seconds each. | Have a 1 minute dance party! | How long can you hold a wall sit for? | Research some yoga poses, how many can you do? | Create a board game that includes some physical activity. | Visit the local park with your friends. | Go for a bike ride with your friends or family. | Jog on the spot for 5 minutes. |
| 25 | 26 | 27 | 28 | | | | |
| Use your body to represent each letter in your name. | Read your school book whilst standing up | Relax your back and neck for your toes, how close can you get? | Create a map of your house and get someone to follow it. | | | | |





Contact Us

Park Junior School

Great Park Street

Wellingborough

Northamptonshire

NN8 4PH

01933 224501

Visit our website: [Park Junior School](https://www.parkjuniorwellingborough.co.uk/)²

Facebook: [PJS Facebook](https://www.facebook.com/parkjunschool/)³

YouTube: [PJS YouTube](https://www.youtube.com/channel/UChA09SaVqOm-drO11ggGHmw)⁴

²<https://www.parkjuniorwellingborough.co.uk/>

³<https://www.facebook.com/parkjunschool/>

⁴<https://www.youtube.com/channel/UChA09SaVqOm-drO11ggGHmw>